

Gloucestershire Constabulary
Police Headquarters
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Our reference: FOI_26_0572

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Postal Address: As above

Date: 11/08/2026

Dear,

Gloucestershire Constabulary Freedom of Information request FOI_26_0572

On 16/06/2026 you sent an email constituting a request under the Freedom of Information Act asking the following:

would be grateful if you could provide the following information under the Freedom of Information Act 2000:

Does your force currently provide specific trauma-informed practice training to police officers and/or police staff?

If yes, please provide:

- * The name of the training programme.
- * Whether the training is provided to police officers, police staff, or both.
- * Whether the training is mandatory or voluntary.
- * The duration of the training (hours or days).
- * Whether the training is delivered internally or by an external provider.
- * Whether refresher training is provided and, if so, how frequently.

If your force does not provide specific trauma-informed practice training, please confirm this.

Does your force currently provide specific trauma-informed practice training to supervisors, leaders or line managers?

If yes, please provide:

- * The name of the training programme.
- * Which supervisory ranks or leadership roles receive the training.
- * Whether the training is mandatory or voluntary.
- * The duration of the training (hours or days).
- * Whether the training is delivered internally or by an external provider.
- * Whether refresher training is provided and, if so, how frequently.

If your force does not provide specific trauma-informed practice training to supervisors, leaders or line managers, please confirm this.

Does your force provide any trauma-informed guidance, framework, policy or strategy that specifically supports supervisors in recognising and responding to the impact of trauma, stress or wellbeing concerns amongst officers and staff?

If yes, please provide details or a copy where available.

If you are unable to provide a full response to all aspects of this request, I would be grateful for any information available regarding trauma-informed training, guidance, policies, frameworks or initiatives provided to supervisors or leaders that support officer wellbeing, recognition of trauma exposure, and trauma-informed engagement with the public, as these areas form a key part of the research.

Under the Freedom of Information Act 2000 s1, I can confirm that Gloucestershire Constabulary may hold some relevant information.

Following receipt of your request we have sourced the information to our specialist teams within the constabulary please see our response below to your request.

1.The Constabulary is currently exploring opportunities for new training regarding trauma informed approaches to supporting victims and survivors.

2.Gloucestershire Constabulary have delivered various training inputs on this, but it has typically been one of many topics explored as part of a larger programme.

3.The Force utilise the College Learn “Stress and Trauma Level 1” E-learning package which forms part of the mandatory H&S training requirements for all officers and staff refreshed every 3 years. Due to be reviewed/refreshed this year.

4.Gloucestershire Constabulary began rolling out TIPT (Trauma Impact Prevention Techniques Training), this training package developed by Police Care UK. Gloucestershire Constabulary trained people in house using a train the trainer methodology.

5.Gloucestershire Constabulary have developed an in-house training package called “Stress and Trauma Resilience”. This has been delivered internally by our wellbeing team to a handful of high-risk teams. The content includes the neuroscience of trauma, the nervous system, different types of traumas, what healthy processing looks like, strategies and techniques to support health processing and nervous system reset, signposting to further support. This was a 4-hour training input.

6.Gloucestershire constabulary provides ad hoc training opportunities upon request. For example, the wellbeing team will come out to teams to talk about trauma and services to support such as TRiM. Our wider wellbeing programme includes a rolling programme of webinars and informal training opportunities which often such upon trauma or similar topics.

If you are not satisfied with this response or any actions taken in dealing with your request, you have the right to ask that we review your case under our internal procedure. Please note that a request for an internal review must be made within 20 working days of the response to your original request.

If you decide to request that such a review is undertaken and following this process you are still unsatisfied, you then have the right to direct your complaint to the Information Commissioner for consideration.

The Information Commissioner can be contacted via the following means:

Website - <https://ico.org.uk/>

Call their helpline - 0303 123 1113

Email - casework@ico.org.uk

Post – Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Yours sincerely,

Disclosure Officer
Gloucestershire Constabulary